

What You Need to Know

A. Free Consultation

Want to find out if Dr. Bravery is the right counselor for you? No problem! Contact Dr. Bravery for a **free 15-minute consultation** by phone at 541-914-3853 or email at **bethanybravery@gmail.com**.

B. Booking an Initial In-Person Session

Booking a session is simple:

1. Click on **Book a Session**.
2. If this is your first session, book an **initial session**.
3. Select a date and time that works for you from the calendar.
4. Check your email inbox. Dr. Bravery will send you all the details, including a **secure payment link** to confirm your session and secure your spot. **Payment is required to hold your appointment**.
5. Complete the required forms at least **48 hours before your scheduled session**. These forms take time, so please plan accordingly.

C. Booking a Follow-Up In-Person Session

1. Click on **Book a Session**.
2. Select a **Follow-Up Session**.
3. Choose a date and time from the calendar.
4. Check your email inbox for **confirmation details and payment instructions**. Payment options will be included.

D. Booking a Virtual Session

1. Click on **Book a Session**.
2. Select the type of **virtual session** you need.
3. Choose a date and time that works for you.
4. Check your email inbox for confirmation, including a **payment link** (payment is required to hold your spot).
5. Complete any required forms at least **48 hours before your session**.

6. Your confirmation email will include a **virtual session link** to access Dr. Bravery's waiting room.

Note: All virtual sessions require **pre-payment** to hold your spot.

E. Individual and Couples Sessions

Dr. Bravery offers both **individual** and **couples** sessions. If booking a couples session, look for **"COUPLES"** in the session description.

F. Session Pricing

Each session (individual or couples) costs **\$150**.

G. Scheduling in Advance

- **Consistency is key** in the counseling process. If you'd like a regular weekly time slot, consider scheduling sessions in advance.
- You can book future follow-up sessions through the scheduling link.
- **All virtual sessions require pre-payment** to secure your spot.

H. Rescheduling Appointments

We understand that life happens. If you need to reschedule due to an emergency:

1. Email **bethanybravery@gmail.com** with the subject line **"Reschedule"**.
2. Include your session date and time.
3. **Refunds will not be issued** for rescheduling requests made with less than 24 hours' notice.

Emergencies include: serious illness, accidents, or family crises. **Non-emergency schedule conflicts** do not qualify for rescheduling exceptions.

I. Cancellations and Missed Appointments

1. When an appointment is scheduled, that time is reserved for you.
2. **No refunds** will be provided for missed appointments or late cancellations.
3. Clients who miss an appointment without prior notice must pay in full before scheduling another session.
4. A **no-show fee** of **\$150** will apply for missed appointments without prior notice.

J. Session Duration

Each counseling session lasts **50 minutes**. Please arrive on time to get the full session.

K. Insurance Policy

Bethany Bravery Counseling **does not bill insurance**.

L. Payment Options

1. ACH Payments (Highly Recommended)

- **ACH payments are highly recommended** due to their **lower transaction fees** and **enhanced security**.
- You will receive a **secure payment link via QuickBooks** to complete the ACH payment, and we encourage you to use this method to keep costs low and ensure efficiency.

2. Debit and Credit Card Payments

- We also accept **debit and credit card payments**.
- **Bethany Bravery Counseling absorbs the processing fees** for debit and credit card payments, so **no additional charges** will be passed on to you.
- However, please keep in mind that using ACH payments helps keep costs lower for both parties, and we encourage you to consider this method for better efficiency.

M. What Christian Pastoral Counseling Is:

- **Christ-oriented counseling: Integrates Scripture, prayer, and spiritual insights to help you navigate life's challenges.**
- **Personal and relational growth: Focuses on emotional, spiritual, and relational healing with a Christ-centered approach.**
- **Holistic support: Aims to help you align your life with biblical values and discover your God-given purpose.**

N. What Christian Pastoral Counseling Isn't:

- **What Christian Pastoral Counseling Isn't:** Christian Pastoral Counseling is not designed to diagnose or treat mental health conditions.
- **Not a substitute for licensed care:** If counseling needs exceed the scope of Christian Pastoral Counseling, you will need to find a licensed mental health professional.